

Basic Lyme Protocol

These protocols are designed to suppress the Lyme bacteria form and to aid detoxification. [Click here for Townsend Letter article](#) that provides a working reference on Lyme disease.

This protocol combines both chemical and energetic interventions to disrupt the pathogen life-cycle.

- Basic Anti-Pathogenic
- Detoxification support limits symptoms
- Immune modulators support natural immunity

Anti Parasitic	Qty	Dosage	Role & Notes
ePad Sleeping Pad	1	Sleeping Mat in Bed	Disrupts organism life cycle; Stimulates immune system; Inhibits opportunistic fungus and yeast overgrowths; Active within blood/brain barrier; Long-term support; Ease of use.
ePad Hotpad	1	Local Use	Helps with local symptoms, rash, lesions, and accelerates relief from localized symptoms.
Detoxification			
Licorice Root Extract	2	Grams daily	Inhibits Lyme disease toxins effects.
Fibro, Protease and Lipase enzymes	1-4	Grams daily on an empty stomach	Fibrin enzymes help expose pathogens to immune system, Protease and Lipase help break down waste products which contribute to detoxification symptoms.
Phospholipids - EPL	1	Tbsp at Breakfast	Support acetylcholine production and drive active lipid detoxification and protect from neurological damage.
Butyrate	1-3	Grams daily	Breakdown renegade lipids. Help with liver function. Deep cellular detox.
EPL Myer's Cocktail	2	Oz twice weekly	Supports acetylcholine production to offset toxins produced by Lyme
Immune Support			
L-Arginine	3	Grams/day	Stimulates Nitrous Oxide production to inhibit Lyme parasite.
Immune Assist 247	9	Capsules/day	Supports Immune system for anti-pathogenic
Cats Claw Extract	2	Grams/day	Anti-pathogenic Immune System Support
Berber Extract	1	Grams/Day	Works with Cats Claw to disrupt L-form pleomorphic forms
Transfer Factors (Colostrums)	6	Grams/day	Supports immunological targeting of affected cells
Diet			
Detox Diet			Minimize sugar based food supply that feeds bacteria. Eating program minimizes: insulin, Glucose, mannose. Avoid Chitobiose, N-Acetylglucosamine

Energetics			
PEMF	30	Minutes/day	Helps reduce symptoms. Improves energy. Supports Immune Function
Exercise with Oxygen	30	Minutes/day	Maintain optimal tissue oxygen saturation: <ul style="list-style-type: none"> • Aids detoxification • Helps control fatigue • Supports immune functions that require oxygen • Inhibits anaerobic organism overgrowth.

Beware

This is a very powerful protocol.

Severely toxic individuals may, if not will, have very intense detoxification driven by the combination. Combined use of Butyrate, and phospholipids, trigger immediate and powerful liver detoxification, including strong diarrhea and vomit.

The good news is that the detox is usually worth the discomfort. Strong detoxification processes usually produce significant healing which leads to improvement in the quality of life.

Level-2 Support

These supplements provide additional support using targeted nutritional components that aid the immune system. Level-2 is designed as an addition to the basic protocol.

If you have long-term issue, then these adjuncts will likely benefit you:

- Provide targeted support for the immune system;
- Provide enhanced pathogenic energy intervention.

Enhanced Immune Support	Qty	Dosage	Role & Notes
Resonant Light Therapy	1	As recommended. Gradual increase	Recent devices exhibit high effectiveness targeting specific pathogens in all areas of the body.
Enhanced Detoxification			
Beet Top Product	1000	mg per meal	Thins Bile for flow. Hepatic dysfunction is a given by the time neural symptoms occur.
Silymarin	500	mg per meal	Cellular liver detoxification support



Neurological Support

The neurological support protocol is designed for individuals with neural pathology. This protocol extension:

- Increase detoxification support
- Increase neural cofactors to support neurological function;
- Enhance liver and neural detoxification
- Increase anti-fungal support
- Provide neurological substrates to arrest neurological degeneration.

Neural	Qty	Dosage	Role and Notes
NeuroMed	1	Tsp / Daily	Support Methylation and detoxification.
Potassium Oil	2	Breakfast & Lunch	Lipid bound potassium supplies potassium to nerves.
4:1 Oil	1-2	Tbsp/day	Balanced fatty acids increase turnover
Phospholipids	2	Tbsp daily	Increased intake of EPL helps to dilute pathogenic levels of lipid toxins which have accumulated to cause neural dysfunction.
Energetics			
PEMF Exposure	15-30	Minutes 3x/week	Facilitate neural regeneration and detoxification.

